## *lunch plates*

### MISO GLAZED MARKET FISH - 11
with black rice, spring onions, coriander, Asian slaw and sesame wakame seaweed
(wg) / 767Kcal

### TOMATO & BURRATA MOZZARELLA PAPPARDELLE - 11
in a sharp tomato & basil sauce (v) / 616Kcal

### MOROCCAN BUDDHA BOWL - 11
with harissa chickpea & orange salad, velvety houmous, sundried tomatoes, chargrilled vegetables, romaine lettuce, spring onions, seeds, avocado and a runny egg (v) / 737Kcal

- add grilled chicken 4 (wg) / +288Kcal
grilled halloumi 4 (v) (wg) / +338Kcal -

### SOY ROASTED MUSHROOM BUDDHA BOWL - 11
with black wholegrain rice, shredded sesame cabbage & mooli, sesame wakame seaweed, edamame beans, radishes, spring onions, seeds and plum sauce (pb) (wg) / 532Kcal

- add grilled chicken (gf) 4 / +288Kcal
grilled halloumi 4 (v) (wg) / +388Kcal
a runny egg 2 (v) (wg) / +55Kcal
avocado 2.5 (pb) (wg) / +157Kcal -

## *indulgent sandwiches*

- with chips and a dill pickle -

### THE CHECO - 8
grilled cheese sandwich with chipotle chicken, Mexicana cheese, jalapeños and avocado / 1220Kcal

### THE APULIA - 8
grilled cheese sandwich with prosciutto, burrata mozzarella, sun-dried tomatoes, and basil pesto / 1202Kcal

### THE REUBEN - 8
grilled cheese sandwich with corned beef, Swiss cheese, sauerkraut and Thousand Island dressing / 1170Kcal

### THE LIBERTY - 8
New York style bagel with plant-based salt beef, American mustard, gherkin, and ch**se (pb) / 855Kcal

### THE SLIP 'N' SLIDE - 8
New York style bagel with smoked salmon, cream cheese, chives, and lilliput capers / 756Kcal